## NING DANCE STUDIO SUMMER 2024

| Monday | Tuesday |
|--------|---------|
|--------|---------|

| CLASS                     | TIME          | CLASS                              | TIME        |
|---------------------------|---------------|------------------------------------|-------------|
| Adult Beginning Tap       | 4:30pm-5:30pm |                                    |             |
|                           |               |                                    |             |
| Adult Ballet (All Levels) | 5:30pm-7pm    | Beginning Ballet (ages 4-7)        | 5:00-6:00PM |
|                           |               |                                    |             |
| Adult Contemporary/Modern | 7:30-9pm      | Beginning Hip Hop & Breaking (7-9) | 6:00-7:00PM |
|                           |               |                                    |             |
|                           |               | Lyrical/Contemporary(ages 7-9)     | 7:00-8:00PM |
|                           |               |                                    |             |
|                           |               | Hip Hop (ages 10+)                 | 8:00-9:00PM |

Thursday

## Wednesday

| CLASS   | TIME          | CLASS                           | TIME        |
|---|---------------|---------------------------------|-------------|
| Level 2/3 Tumbling  | 4:30-5:30PM   |                                 |             |
| Jazz Dance Technique ages 7+                              | 5:30-6:30PM   | Level 1 Tumbling                | 5:00-6PM    |
| Contemporary and Modern 10+ (or permission of instructor) | 6:30PM-7:30PM | Ballet and Tap Combo (ages 2-4) | 6:00-6:45pm |
| Adaptive Dance Wednesday (adults)                         | 7:30PM-8:30PM | Adult Yoga                      | 7:00-8:00PM |
|   |               | Adult Hip Hop                   | 8-9PM       |

## **Friday**

| Friday                                     |   | Saturday  |  |  |
|--|---|---|--|--|
| TIME                                       | CLASS   | TIME  |  |  |
| 11:30am-12:30PM                            | Progressing Ballet Technique (PBT)                            | 9:00am-<br>10:00am  |  |  |
| 4:30PM-5:00PM<br>5-5:30PM<br>5:30PM-7:00PM | Polynesian Dance  | 10:00-2pm   |  |  |
|  | Beginning Tap (ages 7-13)                                     | 2:00-3:00pm   |  |  |
| 7-8:30PM                                   | Adult Beginning Ballet  | 3:00PM-<br>4:00PM   |  |  |
|  | 11:30am-12:30PM<br>4:30PM-5:00PM<br>5-5:30PM<br>5:30PM-7:00PM | TIME  CLASS  11:30am-12:30PM  Progressing Ballet Technique (PBT)  4:30PM-5:00PM  5-5:30PM  5:30PM-7:00PM  Beginning Tap (ages 7-13) |  |  |



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