

STUNNING DANCE STUDIO WINTER/SPRING 2023 RECREATION CLASS SCHEDULE

Monday

TIME	CLASS
7-8am	Yoga
4:30-5:30pm	Adult Beginning Tap
5:30pm-6pm	Into to dance: Jazz/ Creative Movement (3-6)
6:00-7:00pm	Adult Ballroom/Latin
7:00-8:00pm	Adult Ballet (All Levels)

Wednesday

TIME	CLASS
5:00-6:30PM	Dance Company (all teams)
6:30-7:30PM	Adult Jazz
7:30-8:30PM	Adult Hip Hop
8:30-9:30PM	Adult Improvisation

Friday

TIME	CLASS
9:30-10:30am	Solo/Private Lesson spot
10:30-11:30am	Adult Musical Theater Jazz
11:30-12:30pm	Intermediate Adult Tap
1:00-2:30PM	Adult Contemporary/Modern
5:30-6:30PM	Kids Latin Ballroom age
6:00-6:30pm	Mini Hip Hop (ages 2-6)
6:00-7:30PM	Ballet Level 1 (ages 6-9)
7:30-9:00PM	Ballet Technique and Pointe/Pre-Pointe

Tuesday

TIME	CLASS
4:30-5:30PM	Creative Movement (ages 6 to 8)
5:00-6:00PM	Beginning Ballet (ages 4-8)
6:00-7:00PM	Beginning Hip Hop/Breaking (ages 7-10)
7:00-8:00PM	Jazz/Lyrical/Contemporary (ages 7-10)
8:00-9:00PM	Pre-teen/Teen/Senior Hip Hop

Thursday

TIME	CLASS
4:30-5:30PM	Improvisation and make your own dance (9+)
5:30-6PM	Toddler Tumbling ages 2-4
6:00-6:45PM	Baby Ballet and Tap combo ages 2-6
7:00-8:00PM	*Yoga
8:00-9:30pm	*Adult Beginning Ballet

Saturday

TIME	CLASS
9:00-10:00am	Progressing Ballet Technique (PBT)
10:15-11:15am	Musical Theater Vocal Group (ages 7-10)
11:15-12:15pm	Level 2 and 3 Tumbling/Acro
LUNCH BREAK	
1:00-2:00PM	Level 1 Beginning Tumbling
2:00-3:00PM	Beginning Tap (ages 7-13)
3:30-4:30PM	Musical Theater/Jazz (11 and up)
4:30-5:30PM	Solo/Private Lesson

If you see a * next to your class then it doesn't meet on the first Thursday of the month. Fall classes start January 4th.

Location: 3478 S Cozy River Pl, West Valley UT, 84119

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